



Tallil Times

IN BRIEF

Saluting policy

While outside Tent City and in the new Air Force PT uniform personnel must salute.

Air Force PT Uniform

Per the 407th AEG commander, everyone who wears the new Air Force PT gear outside tent city, including visits to the DFAC, are not required to wear a reflective belt.

Sports Day Sunday

The 407th ESVS is hosting a Unit Sports Day Sunday. Everyone is invited to participate in the events.

Event times are:

5K Run/2 Mile Walk at 8 a.m.

Pull Up Competition at 9 a.m.

Push Up Competition at 9:30 a.m.

Sit Up Competition at 10 a.m.

Arm Wrestling Competition at 11 a.m.

Tug Of War Competition at 1 p.m.

6 on 6 Volleyball at 2 p.m.

5 on 5 Basketball at 4 p.m.

Hoop Challenge at 5 p.m.

9-Ball Tournament at 8 p.m.

Tallil Times back issues

Every issue of the Tallil Times ever created is available to 407th Air Expeditionary Group personnel on the new shared drive at S:\407 AEG\Public\PA\Tallil Times Archive.

Don't be complacent

Leaders here remind everyone that we're deployed to a combat zone and we should be constantly vigilant.

Keep an eye out for anything suspicious. If you see something out of the ordinary, report it immediately to security forces.



Photo by Master Sgt. Terry Nelson

Members of the 407th ELRS fuels flight service a Kazakhstan aircraft here Saturday. The 407th ELRS serviced 3,167 aircraft last year.

Bringing fuel to the fight

By Master Sgt. Terry J. Nelson

407th AEG Public Affairs

The fourteen members assigned to the 407th Expeditionary Logistics Readiness Squadron's fuels flight here are responsible for providing aviation fuel for all assigned and transient aircraft.

They come from Nellis AFB, Nev., Eielson AFB, Ala. and Beale AFB, Calif.

Known as POL (Petroleum Oils and Lubricants) "We had 3,167 aircraft servicings last year and countless tank truck servicings for over 16.2 million gallons of fuel," said Master Sgt. Donald Graham, 407 ELRS fuels manager.

All the fuel stored here on base is trucked in. Once the fuel arrives here it is off-loaded into 50,000 gallon fuel bladders.

"We have plenty of bladders on the ground here to support whatever they throw at us," said Sergeant Graham.

The fuels flight provides aviation fuel to all U.S. and Coalition forces. They also pro-

vide fuel for all the base's generator, light-all, and vehicle requirements.

"As well as the mission, we're doing our part to improve conditions here," Sergeant Graham said. "It's one of the most "no-frills" set ups around but it's coming along."

One of the biggest improvements they've done here was to get the hoses for the pumping systems out of the mud.

"With almost a quarter mile of hose collectively, valves are susceptible to dirt and water as well as a quality of life thing for the operators," said Sergeant Graham.

"This is normally some of the cleanest fuel I've ever seen and we do everything we can to keep it that way. If we get our troops out of the mud as well, we've made a difference" he added.

Another way the POL troops maintain quality control of the forces' "lifeblood" is through stringent lab analysis.

Equipped with the only fully functioning lab south of Baghdad, Staff Sgt. Felipe

See Fuel, Page 4

Commander's Corner

With a few weeks under my belt as your group commander, I wanted to share some of my thoughts with you concerning our Air Expeditionary Force (AEF) rotation 3 and 4. As have previous commanders, there are three things I want to emphasize as we continue to support the effort to bring freedom and liberty to the Iraqi people—the mission, safety and making Ali Base a better place for those who follow.

First, the mission. Our airfield must remain viable for combat aircraft, combat support aircraft, aero medical evacuations and troop/cargo movement sorties. This mission is paramount to the ongoing success of Operation Iraqi Freedom and it is our purpose for being here. If you are here, your participation is crucial and it will take the concerted efforts of each and every one of you to successfully accomplish our mission.

Next, safety and security. Look around; most of the AEF 1/2 folks are gone and we now have the stick. As you settle into your routines, I want you to remember

to stay vigilant in everything you do. Just because the Iraqi election is over and the Iraqi people appear to be taking it to the terrorists, it doesn't mean we let our guard down.

I am confident that the Air Force has armed each of you with the skills and discipline needed to accomplish the mission and to assess the risks in this combat environment. No matter what your specific duties, I need you to keep your eyes and ears open for and suspicious or hazardous activities. Don't take shortcuts and remember to watch out for your buddies. When the temperatures start to rise it's extremely important to take care of each other, drink plenty of water and protect yourself from the sun.

Finally, as I visit various work centers, it's obvious members of AEF 3 / 4 have taken the challenge of "making it better" to heart. Whether in work centers or living areas, you are keeping the momentum going and continue to make improvements. When it's time for us to return home, it should be obvious to the next rotation that we too wanted to make Ali Base a better place.

I am proud to be here with you for this important mission and time in history and to be associated with the caliber of the hard working people of AEF 3 / 4.



Tallil Talks ... What have you done for you significant other this Valentines Day?



Staff Sgt. Jason Chrisman,
407th AEG PERSCO:
"I bought my wife flowers
over the Internet."



Senior Airman Alejandra
Cuevas,
407th AEG Staff:
"I bought my husband a
card for Valentines Day,
but I have not mailed it
yet. So he probably won't
get it until after Valentines
Day."



Staff Sgt. Kevin Rumph,
407th ELRS Base Service
Store:
"I bought my wife a dozen
long-stem roses and a
Teddy bear."



Tech. Sgt. Ed Lutz,
407th ESVS:
"I got my fiancée a
cartoushe for Valentines
Day, It also happens to be
her birthday."



The Tallil Times

EDITORIAL STAFF

Col. Dennis M. Diggett
Commander, 407th AEG

Master Sgt. Terry J. Nelson
Editor/Chief, Public Affairs

This funded newspaper is an authorized publication for members of the U.S. military services overseas. Contents of the TALLIL TIMES are not necessarily the views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force.

The content is edited, prepared and provided by the Public Affairs Office of the 407th Air Expeditionary Group. All photographs are U.S. Air Force photo-

graphs unless otherwise indicated.

The TALLIL TIMES accepts stories, photographs and commentaries, which may be submitted to the PA staff located in the group headquarters building or can be sent directly to the newspaper at tallil.times@tlab.aorcentaf.af.mil

Deadline for publication is 2 p.m. Thursday before the week of publication. For more information, call 445-2002, or e-mail the staff.



Seize the Moment! Organizational and Individual Improvement

By Chief Master Sgt. James Lawrence

407th AEG Superintendent

Since arriving at Ali Base, many of us have often heard the expression "Leave Ali Base better than you found it!" Turning this often-used expression into a reality can prove to be a challenge. I would like you to consider two areas that will have a major impact on our collective success during this rotation, they are: organizational and individual improvement.

Organizational Improvement:

Successful military organizations accomplish the mission and take good care of their people. Mission first - people always.

As we progress through our rotation, we observe the progress made by previous rotations and assess what still needs to be done. One of the most important things we can do for those who come after us is to focus on continuity.

How many of you have found "open" projects, processes or other action items that seem to recycle from rotation to rotation, never to be "closed-out." Every time we begin, modify or eliminate an established process or project, we need to capture that change.

By doing so, we will ensure our improvements are lasting and our continuity references are sound. We will also greatly improve the next rotations chances for success.

Safety and training are also critical elements of organizational success and improvement.

Safe operations and effective training produce positive results. Successful organizations overcome both of these challenges by working together for a common goal - safe and well-trained personnel. Safety is everyone's business.

Whether you're an Airman Basic or a Chief Master Sergeant, we all have a moral and professional obligation to make safety a top priority. Working in an expeditionary environment can be fraught with danger. We must ensure our airmen understand established safety procedures and receive comprehensive training.

Accidents often occur when established safety procedures are not followed or there is a lack of effective training. Make this your first priority now and throughout your stay at Ali Base. Remember, accidents occur both in and out of the workplace. Emphasize situational awareness both on and off duty. Don't just walk on by.

Individual Improvement:

If you're like most Americans, you've made a New Years resolution at least once in your lifetime.

Whether you've kept past resolutions or not is between you and your conscience. I challenge you to make at least one "*Ali Base self-improvement resolution*" during your stay.

Individual and Organizational improvements sometimes involve risk. I'm not talking about the kind of risk that is life-threatening. I'm talking about risk that takes us out of our individual comfort zones. We all know what those are; it could be our fear of public speaking, joining a group or professional organization, renewing our spiritual life, or getting in better shape physically. It's important that we start small and progress from there. As Nike would say - "Just do it!"

There are a multitude of talented individuals and organizations that're are dedicated to helping us all grow individually and collectively. So, with that said, I challenge you to institutionalize your positive changes so they will become a legacy for future rotations, build an environment that is safe and develop and work hard at your "*Ali Base self-improvement resolution*".

AROUND YOUR AIR FORCE

2005 Department of Defense Executive Leadership Development Program

The Department of Defense (DOD) has allocated a minimum of two Air Force nominees to participate in the 2005 Executive Leadership Development Program (ELDP), scheduled to begin in September 2005.

This program is designed specifically for highly motivated, active duty officers who have demonstrated outstanding leadership ability, commitment to public service, integrity, and who have an interest in moving into senior management positions.

While placed in simulated environments, these officers must be able to operate in real-life situations which involve short deadline, be receptive to a unique training methodology whereby the participants assume responsibility for their learning, and have the ability to conceptualize and analyze problems effectively.

Military participants contribute a vital perspective on the missions, operations, culture and customs of the military and in turn; learn from their civilian counterparts and senior managers/executives. These shared experiences enrich both military and civilian participants who are being groomed for future leadership roles.

To be eligible, an officer must be in the grade of major and have completed Squadron Officer School (SOS) and Intermediate Developmental Education (IDE), either in-residence or by correspondence/seminar.

Active duty military personnel must apply to HQ AFPC/DPAPDE no later than February 28, 2005. Contact your local Military Personnel Flight (MPF) customer service element for further questions on program applications.

Fuel

Continued from Page 1

De La Torre and Senior Airman Liz Melendez –Velasquez perform analysis on samples from mobile refuelers, receipt tankers, filters and bladders.

In a joint effort with the 110th QM Co., they perform analysis for the Refueling on the Move (ROM) and Forward Area Refueling Point (FARP) units at Cedar and Ali.

Measuring water in parts per million and solids in milligrams, Sergeant De La Torre and Airman Melendez-Velasquez are the last bastions against fuel contamination.

Beyond meeting the base's fuel needs, these high octane operators provide cryogenic support for aircraft. Liquid oxygen and nitrogen (maintained at temperatures below negative 300 degrees) are shipped here and used daily.

"More pure than medical oxygen, our aircrews can rest assured they are provided with nothing but the best," said Sergeant Graham.

Despite operating specialized mobility support refueling systems, keeping water and dirt from the product, or providing 24 - 7 ground fuel support, "Big Green" is their mainstay.

"Everybody drives Big Green," Sergeant Graham said. Referring to their 6000-gallon R-11 refuelers, mobile support is possible from anywhere on base and at times off base.

"These things go all over; you call we haul because when it's all said and done, without POL, you're SOL," said Sergeant Graham.



Photos by Master Sgt. Terry Nelson
Senior Airman Nick Anderson, 407th Logistics Readiness Squadron adjusts a fuel valve here Saturday. Airman Anderson is one of 14 fuels personnel assigned here.



Fuel is stored here on base in 50,000-gallon bladders. The "bags" are laid in lined berms in case of leak or rupture.



Senior Airman Liz Melendez-Velasquez performs a bottle method analysis on a fuel sample here Saturday.



(Left) It's not quite an Exxon Gas Station, but at Ali Base this 500 gallon fuel blivit provides MOGAS to U.S. and Coalition forces daily.

Iraq Newslink

332nd Air Expeditionary Wing



TUSKEGEE AIRMEN
THE LEGEND CONTINUES

Base hospital seeks blood donors

By Senior Airman Colleen Wronek

332nd AEW Public Affairs

BALAD AIR BASE, Iraq — Occasionally the Air Force Theater Hospital needs a servicemember's blood to save another person's life.

"Blood drives are held when we have a patient who is bleeding profusely and they need platelets," said Capt. Jessica Hughes, 332nd Expeditionary Medical Support Squadron laboratory services flight commander.

"During a blood drive we collect whole blood which includes platelets. Platelets are cells vital in controlling bleeding."

When a doctor needs platelets for a patient, the Medical Control Center will e-mail a request for donors with the blood type needed. The e-mail goes out to all units on Base.

During these blood drives, all ranks and services can give blood. Donors must be healthy, weigh at least 110 pounds and not have donated blood in the last 56 days (eight weeks).

"Healthy means you feel well and can perform your normal duties," Captain Hughes, who is from Offutt AFB, Neb. said. "There are many reasons for deferral so when you come to donate you will be screened."

Some of the more common reasons for deferral are:

Aspirin – Donors must not have taken aspirin or any medication containing aspirin in the last 72 hours.

Smallpox vaccination – Donors must wait until the scab has separated from the skin or 21 days after date of vaccination, which ever is longer.

Malaria – Donors must wait three-years



(U.S. Air Force photo by Senior Airman Colleen Wronek)

BALAD AIR BASE, Iraq — 1st Lt. Monika Gonzalez, 332nd Expeditionary Medical Support Squadron laboratory services chief, draws blood from Army Specialist Kimberly Summers of the 74th Quarter Master Company.

after completing treatment for Malaria and must wait 12 months after returning from a six-month or less trip to an area where malaria is found.

Also, donors must wait three-years after returning from a six-month or longer trip in a country where malaria is found.

European Country deferral – Indefinite deferral for anyone who resided in or traveled to the United Kingdom for a cumulative period of three months or more, or to Europe for a cumulative period of six months or more from 1980 through 1996 and anyone who spent a cumulative five years or more in Europe since 1980.

If the donor lived in the UK after 1997, there is no deferral unless they received a

blood transfusion.

Miscellaneous – Donors must wait 12 months after body piercing, tattooing, acupuncture, or after treatment of a sexually transmitted disease.

"All potential donors will be screened for these and other less common indications during the donation process," Captain Hughes said.

Balad's red blood cells and plasma come from the United States and are shipped into the theater.

"When we do blood drives, the blood we collect is guaranteed to be given to a patient," Captain Hughes said.

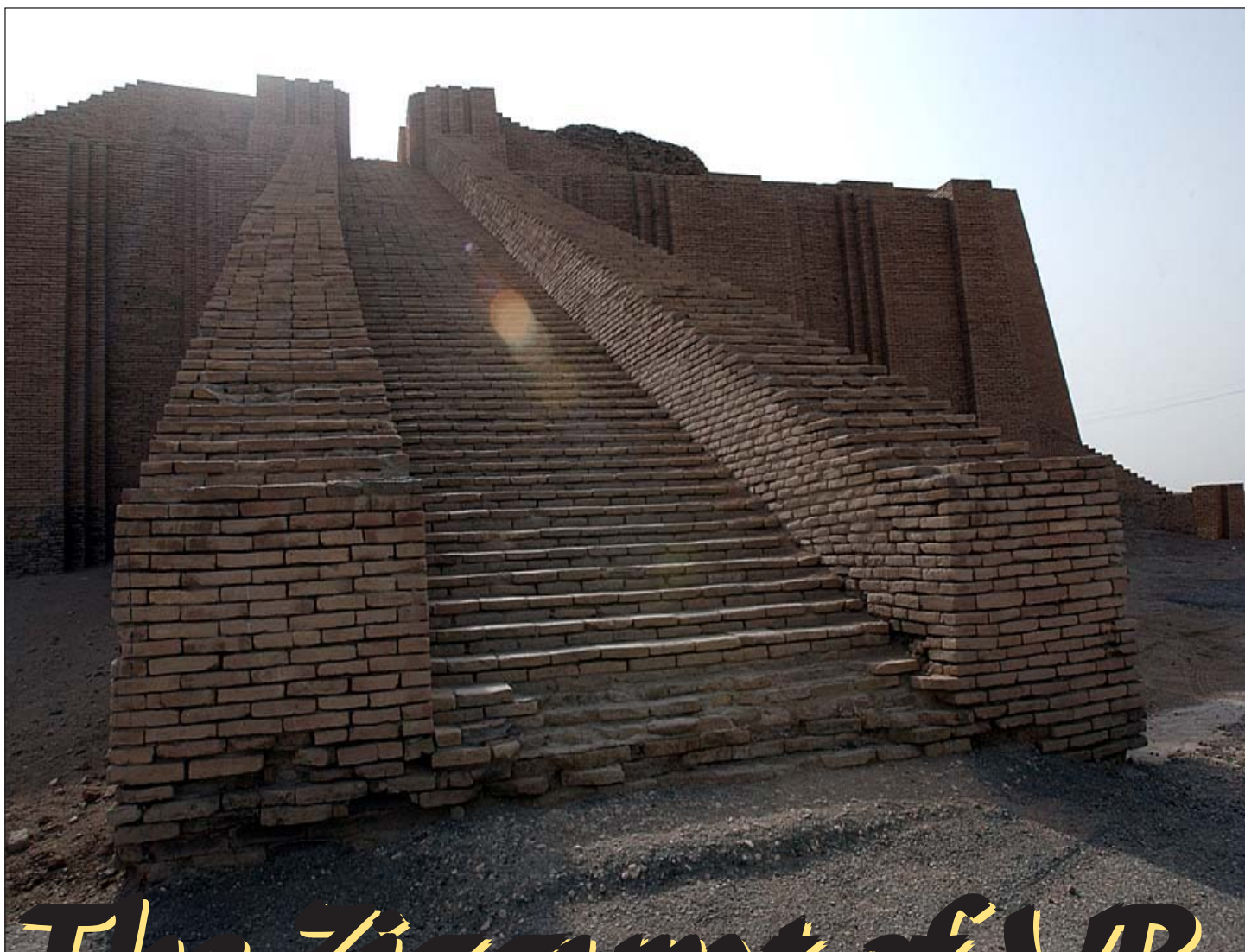
"Without your blood, the patient probably wouldn't survive."



Listen up Warfighters ...

Seat belts save lives, and it's the law. Make sure you wear yours, and wear it properly!

... carry on troops!



The Ziggurat of UR

By Master Sgt. Don Perrien

407th AEG Public Affairs (AEF 1/2)

More than 4,000 years ago, worshippers of the moon god Nanna living near the ancient city of Ur constructed the monument we call the Ziggurat. Rising more than 40 feet above the ground, it is the best preserved structure of its type in the world.

The Ziggurat was built in three stages taking hundreds of years to complete. The monument's construction was begun by a ruler named Ur-Nammu and completed by Shol-Gi of the Third Dynasty.

The structure was unearthed in the mid 1800s by the British consul J. E. Taylor, who partly uncovered the Ziggurat. Unlike the pyramids of Egypt, the Ziggurat is a solid structure. There are no inner passages or chambers for burying former rulers. How-

ever, there is a nearby royal cemetery in the adjacent city of Ur which was later excavated in 1922 by Sir Leonard Wooley.

The Ziggurat has been restored several times during its life, with the last known construction work taking place during the 1960's. Most of the exposed outer surface of the structure visitors see today is from the work done just 40 years ago.

The first two layers of the Ziggurat are relatively well preserved, however the upper level is no longer standing. Originally there may have been a small temple to the moon god on the upper level, however archeologists speculate the mound of rubble at the top of the structure may have resulted from the practice of destroying the temple annually and creating a new one each year.

The original purpose of the Ziggurat is lost in mystery. Recovered cuneiform tables de-

scribe rituals of prayer and sacrifice, but little is known about the religion as a whole.

The life of the Ziggurat is closely tied with the city of Ur itself. The city is considered a cradle of civilization, playing a key role in defining urban culture and serving as an example for future city designs. Several thousand years ago, the path of the Euphrates River flowed very close to the city's walls. Because of its location, Ur became a hub for the development of commerce and the seat of political influence for the entire area.

The city's early history was marked by three separate dynasties in a single millenia, with the first occurring before 3,000 B.C. and the last ending around 2,000 B.C.

Excavations in the area dating from the

See ZIGGURAT, Page 7



Photo by Tech. Sgt. Maria J. Bare

Ziggurat

Continued from Page 6

second dynasty have shown the citizens of Ur were instrumental in discovering new methods to work metal, especially the mining and smelting of gold. Later excavations dating from the third dynasty show the city developed into a cultural capital featuring works of sculpture and literature as the local rulers expanded their empire several thousand miles long across an area from the Near East to parts of Asia Minor.

The more commonly known name of the city for many people is the city's biblical name, Ur of the Chaldees. This name refers to the Chaldeans, who settled in the area about 900 B.C. Passages in the Bible's book of Genesis describe Ur as the starting point of the migration westward to Palestine for the family of Abraham around 1,900 B.C.

During the Chaldean dynasty, King Nebuchadnezzar II ruled

over another period of construction at the city of Ur. The last Babylonian king of the period, Nabonidus, who reigned from 556-539 B.C. appointed his eldest daughter high priestess at Ur. During this period, he and his daughter repaired and rebuilt many of the temples and entirely remodeled the Ziggurat.

However less than a century later, Babylonia came under the control of Persia, and Ur began its decline. By the 4th century B.C., the city stood nearly barren and empty. Historians speculate the change was most likely due to a combination of continuing warfare in the area combined with a shift in the course of the Euphrates River decreasing the city's value as a trade route.

While the original inhabitants of Ur have faded into history, the Ziggurat of Ur stands a remarkable window into humanity's past culture.

(Article originally ran in the Dec. 10 edition of the Tallil Times)



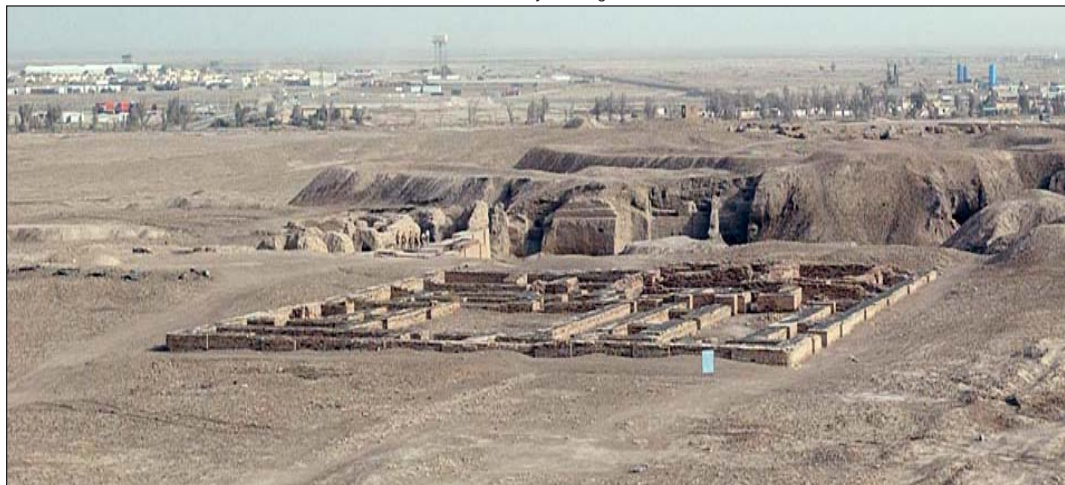
Photo from British Museum Archives

(Facing Page) The stairway of the Ziggurat reaches over 40 feet to the top of the structure which is more than 4,000 years old.

(Upper Left) Archways in the city of Ur demonstrate the innovative architectural techniques developed by the city's inhabitants thousands of years ago.

(Above) The unearthed Ziggurat was researched by several teams of archeologists during the 1850's and 1920s.

(Left) The city of Ur today, as it sits alongside Ali Base in Southern Iraq.



407th AEG Warrior of the Week SSgt Joshua Jeffreys



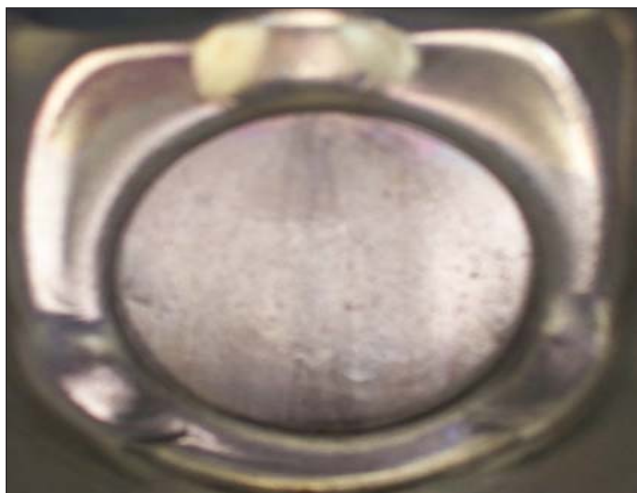
Unit: 407th Expeditionary Civil Engineer Squadron

Home unit: 319th Civil Engineer Sq., Grand Forks AFB, ND.

Why other warriors say he's a warrior:

Staff Sgt. Jeffreys heads up Team Grand Forks Dirt Boys and also runs the Ali AB Heavy Equipment section. He directly supervises 13 Expeditionary heavy equipment operators with management/oversight for one million dollars of Heavy Equipment. Josh hit the ground running with literally only hours in country, him and his team made vital security improvements to Ali AB main entrance. Greatly enhancing AB security and also increasing security force Airmen's safety. He oversaw the adding of 50 more concert barriers weighing over 500 tons and meticulously placed each barrier strategically for maximum protection and security.

Identify This



KNOW WHAT THIS IS? Each week, the "Tallil Times" staff takes a photo from around Ali Base. If you can identify the object or item, shoot us an e-mail at: tallil.times@tlab.aorcentaf.af.mil. with "Identify This" in the subject block. The winner receives a prize and gets their name printed in the Tallil Times. Congratulations to Staff Sgt. Michael Collins correctly identifying the photo in last week's newspaper of the boot brush.

Wild Iraqi Safari

Arabian Camel



Just outside the Ali Base inner perimeter, herds of domesticated camels roam around, seemingly undisturbed by the military vehicles zooming past them. People in this region have kept camels for thousands of years for transportation, milk, meat, wool and hides.

The species of camel found here is *Camelus dromedarius*, the one-hump dromedary or Arabian camel. They stand up to seven feet tall at the hump, weigh over 1,500 pounds, and can live to be 40 years old. Known as the "ships of the desert", camels can carry almost 1,000 pounds of cargo 25 miles in a single day. The camel's shaggy fur comes in a variety of brown colors, from creamy white to almost black. Camel hair is used worldwide for high-quality coats, rugs, and artists' brushes.

Two popular myths surround camels: that they have a very nasty temperament, and that they store water in their humps. Camels are actually fairly good-tempered, patient and intelligent animals; otherwise, they would not have been such a popular choice as livestock.

Camels store fat in their humps, not water. When food becomes scarce, a camel can use this fat for energy. When the fat is used up the hump will flop over and hang down the camel's side, but a few days of food and rest will restore it to an upright hump. A camel can go up to seven days with no food and water, and can lose a quarter of its body weight without serious effects. When they do reach water, stand back; a thirsty camel can drink as much as 21 gallons in ten minutes!

*Column and photo courtesy of Maj. Sharon Spradling,
407th Expeditionary Medical Group.*

OUT AND ABOUT



Worship services

Worship is at the 407th Air Expeditionary Group Oasis of Peace Chapel, unless otherwise noted. The chapel is open 24 hours a day for prayer and reflection. For details on worship opportunities, call 445-2006.

Sunday

8 a.m. Roman Catholic Mass

9:30 a.m. Traditional Protestant service

10 a.m. LDS service at the Army's Religious Activity Center

12:30 p.m. Air Force/Army Gospel service in the Big Top

6 p.m. Contemporary choir rehearsal

7 p.m. Contemporary worship service

Monday

6 p.m. Roman Catholic Mass

6:30 p.m. Gospel service prayer time in the chapel resource trailer

7:30 p.m. Gospel choir rehearsal in the Big Top

Tuesday

7 p.m. Right of Christian Initiation of Adults in the Conference Room

7:15 p.m. Bible Book Study

8 p.m. Christian Discipleship Study, call Warrant Officer Russ Ramos at 445-2054 for details.

Wednesday

5 p.m. Catholic Choir rehearsal

6 p.m. Roman Catholic Mass

Thursday

6:30 p.m. Catholic choir rehearsal

7 p.m. Right of Christian

Initiation of Adults in the Conference Room

7 p.m. LDS study in the Army Religious Activity Center

7:45 p.m. Gospel service Bible study

Friday

11:45 a.m. Islamic prayer at the RAC, call 833-1154 for info

6 p.m. Roman Catholic Mass

7:30 p.m. Gospel choir rehearsal

Saturday

6 p.m. Vigil Mass

7 p.m. Contemporary choir rehearsal



Today

Noon, Viewers Choice

8 p.m., Viewers Choice

Midnight, Viewers Choice

Saturday

Noon, Ladder 49

8 p.m., Ladder 49

Midnight, Ladder 49

Sunday

Noon, Shark Tale

8 p.m., Shark Tale

Midnight, Shark Tale

Monday

Noon, Paparazzi

8 p.m., Paparazzi

Midnight, Paparazzi

Tuesday

Noon, Alien vs Predator

8 p.m., Alien vs Predator

Midnight, Alien vs Predator

Wednesday

Noon, Elektra

8 p.m., Elektra

Midnight, Elektra

Thursday

Noon, Ladder 49

8 p.m., Ladder 49

Midnight, Ladder 49

February 18th

Noon, Shark Tale

8 p.m., Shark Tale

Midnight, Shark Tale

TATER PEOPLE

Some people never seem motivated to participate, but are just content to watch while others do the work.

They are called "Speck Taters".

Some people never do anything to help, but are gifted at finding fault with the way others do the work.

They are called "Comment Taters".

Some people are very bossy and like to tell others what to do, but don't want to soil their own hands.

They are called "Dick Taters".

Some people are always looking to cause problems by asking others to agree with them. It is too hot or too cold, too sour or too sweet.

They are called "Agie Taters".

There are those who say they

will help, but somehow just never get around to actually doing the promised help.

They are called "Hezzie Taters".

Some people can put up a front and pretend to be someone they are not.

They are called "Emma Taters".

Then there are those who love others and do what they say they will.

They are always prepared to stop whatever they are doing and lend a helping hand.

They bring real sunshine into the lives of others.

They are called "Sweet Taters".

If you know any "Sweet Taters", send them this!!

By logic of reason YOU must therefore be a "sweet tater!"



Photo by Master Sgt. Terry Nelson

Lots of people got out Sunday and played volleyball, horse shoes and just enjoyed the great weather. Services is planning a Unit Sports Day Sunday and everyone is encouraged to put together their best squadron teams.

Muscle Beach Events

Today, Yoga at 5:30 a.m.

Karate, Kenpo/Aikido
at 9:00 p.m.

Thursday, Tai Chi, 5:30 a.m.
3 on 3 Street Ball at 6 p.m

Saturday, Circuit Training
at 6 p.m.

Feb. 18, Yoga at 5:30 a.m.,
Kenpo/Aikido
at 9:00 p.m.

Sunday, Unit Sports Day

Monday, Taebo at 5:30 a.m.
Karate, Kenpo/
Aikido at 9 p.m.

Tuesday, Tai Chi at 5:30 a.m.

Wednesday, Taebo at 5:30
a.m. Karate, Kenpo/
Aikido at 9 p.m.



ESVS Presents Just for fun



Tonight, Combat Bingo
at 7:30 p.m.

Saturday, Ping Pong
Tourney at 8 p.m.

Sunday, Open

Monday, Madden
League 7: 30 p.m.



Tuesday, 501 Darts at 8 p.m.

Wednesday, Madden League
at 7:30 p.m.

Thursday, 9-Ball Tourney

Feb. 18th, Combat Bingo
at 7:30 p.m.